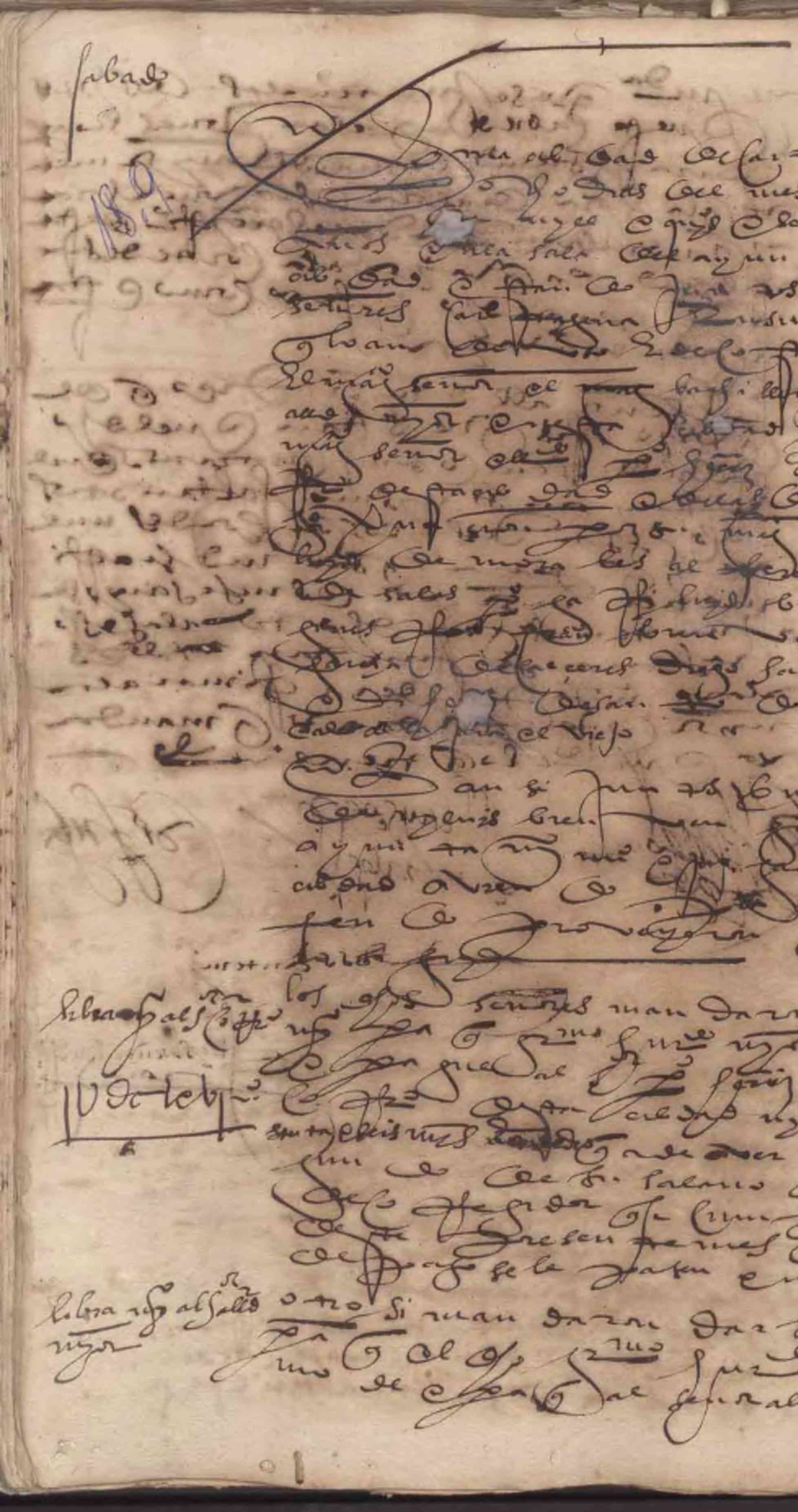sabado