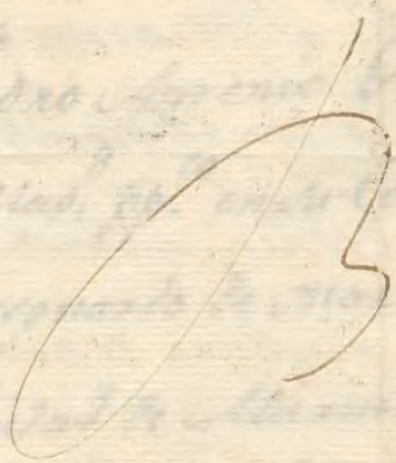M. M.ª 5.